Results of the Questionnaire for the Korea-Taiwan-Japan Physical Therapy Network: A Dialogue for the Future

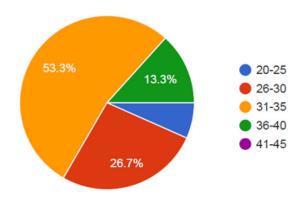
Respondents

All 15 participants of the event (5 each from KPTA, TPTA, and JPTA)

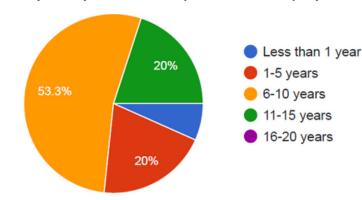
Response Period June 4 – July 10, 2025

Method Google Forms

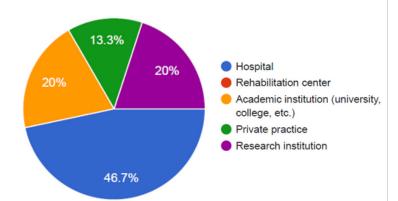
Please select your age group



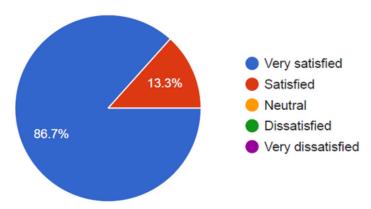
Please indicate your years of experience in physical therapy



■ Please indicate the type of your affiliated organization

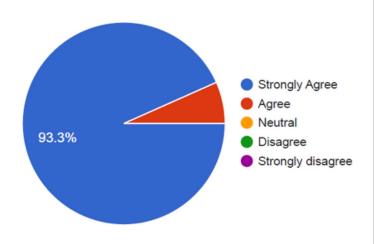


Please rate your satisfaction with this exchange program

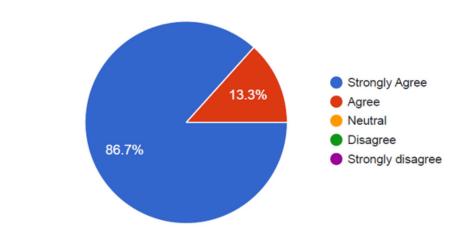


[Educational Impact of International Exchange]

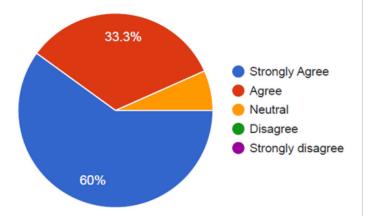
I gained new knowledge about physical therapy in other countries.



My international perspective was broadened.

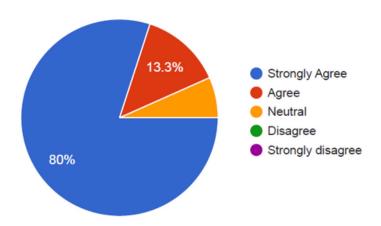


Through international exchange, I re-evaluated the role of physical therapy in my own country.

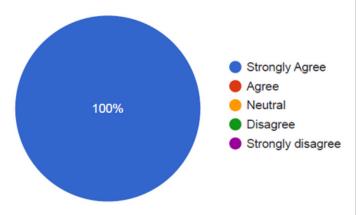


[Cross-Cultural Understanding and Cultural Competence]

I was able to interact with participants from other countries.

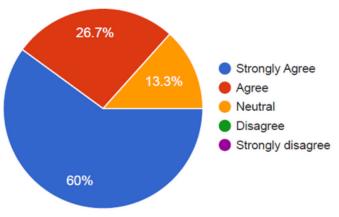


I gained understanding and respect for the social, cultural, and professional characteristics of other countries.

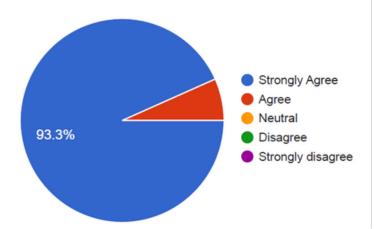


[Impact on Expansion of Own Professional Field]

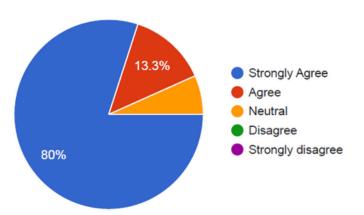
International exchange helped me discover new possibilities in the field of physical therapy in my country.



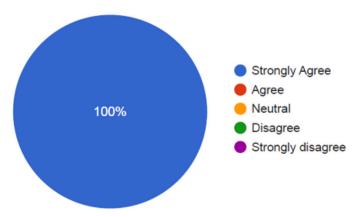
I became interested in the roles and professional scope of physical therapists overseas.



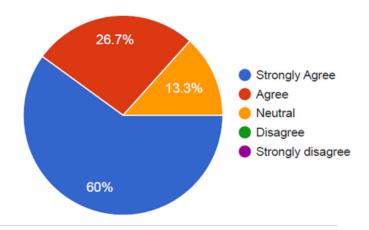
I was able to build a professional network with physical therapists from other countries.



I would like to maintain contact with physical therapists from other countries after this program.

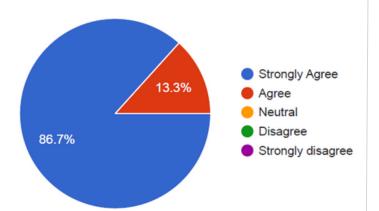


I am interested in ongoing collaborations or joint projects between associations.

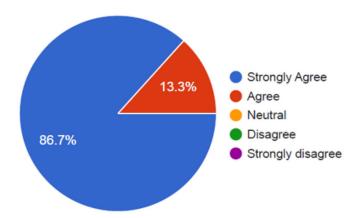


(Change in Interest and Motivation)

My interest in international activities, including overseas work, training, or international professional and educational roles, has increased.

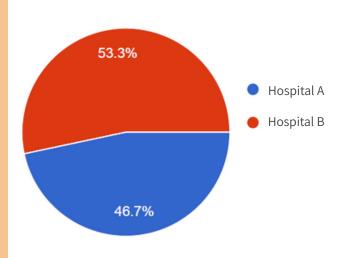


I want to be more actively involved in international activities within physical therapy.

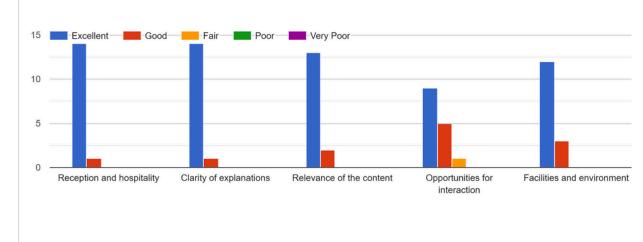


(Clinical Visit)

Which hospital did you visit?



Please rate the following aspects of the clinical visit

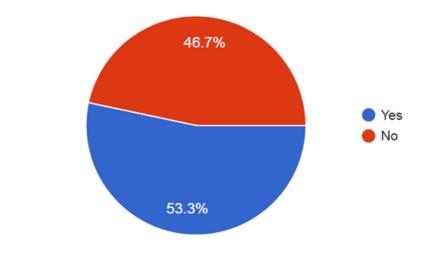


What were the most impressive or surprising things you observed during the visit?

- This was my first experience with cardiac rehabilitation.
- A spacious ICU. All the caring can be done by the nurses without assistants.
- I was impressed by the excellent ICU environment.
- The cute alcohol bottle every PT carried with them
- The large ICU environment with 2 nurses helping the PT to care the patient
- Japan' Elderly care system & Taiwan's PT clinics
- HUGE in-patient capabilities.
- The ICU environment is wide

- I was happy to directly learn about the physical therapy systems and current situations in not only Korea, but also Japan and Taiwan through this program. Additionally, I enjoyed having the opportunity to travel together during hospital visits and exchange opinions on physical therapy, which allowed me to become closer to the physical therapists in Japan and Taiwan.
- Physical therapists in Hospital A which belong to acute hospital don't have to serve many outpatients. And during cardiac rehabilitation session, nurses and therapists and doctor supervised exercise programs as well.

Did you observe any clinical practices or systems that differ from your home country?



If your answer to the above question is 'Yes,' Please describe below.

- Documentation, Direct access
- There was no family member in the ward. In Taiwan, the familiy members usually stay with the petient, so the ward is often more crowded in Taiwan, and we may need to spend more time to talk or explain to the family. The ward that we visited was not so large, but not crowded because there was just one patient in a 4-bed room, and without family members there.
- Japan' specialized PT system & Taiwan's direct access system

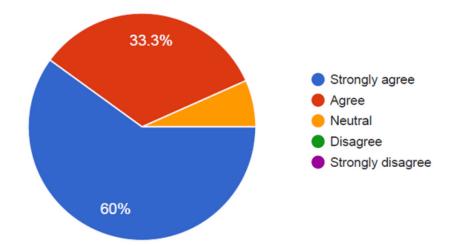
- In TW, it's usually crowded and noisy in the hospital
- In Taiwan we have to serve outpatients and inpatients at same time, it makes therapy room crowd and busy.
- I thought the beautiful view from the window contributed to the patients' mental stability.
- I found an InBody in the PT room, which is seldom used in Taiwan's PT room in hospital. I believe muscle mass is an important data when we are going to treat the pain caused by sarcopenia.

Was there anything you wanted to observe but didn't have a chance to?

- The home visit service and self-pay service in Japan.
- I wanted to observe the physical therapy sessions more closely.
- We had a glance at the outpatient rehabilitation. If we could have more time to observe the outpatient rehab, I think it would be more satisfying.
- Rehab session
- I did not have a opportunity to see actual PT sessions in Japanese hospitals

- It would be better to observe how patients are treated.
- Outpatient physical therapy, Orthopaedic physical therapy
- We visited many hospitals environment but didn't have a chance to see therapists how to work in the place expected cardiac rehabilitation

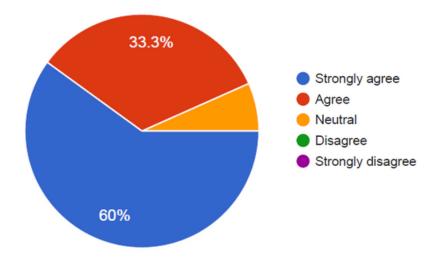
Did you feel that the clinical visit contributed to your professional development?



Was there anything you wanted to Please provide any suggestions to improve future clinical visit programs.

- I'm also interested in learning more about physical therapy services provided outside the hospital setting.
- Maybe giving us some more time to observe the outpatient rehabilitation
- It would be great to have a dedicated Day 1 focused on understanding the rehabilitation and healthcare/insurance/educational systems in each country as a warm-up. Many thanks for all the effort you put into making this happen!
- hope there will be more in-person programs rather than ones conducted via Zoom. If remote sessions are necessary,
 reducing the interval between meetings could help improve participants' engagement and focus
- This program is so impressive and good that I have no suggestions.

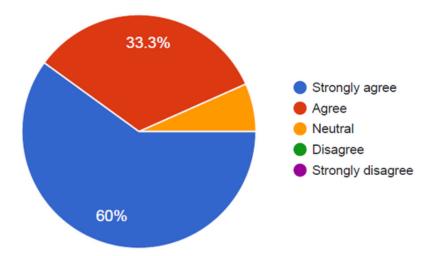
Did you feel that the clinical visit contributed to your professional development?



Please provide any suggestions to improve future clinical visit programs.

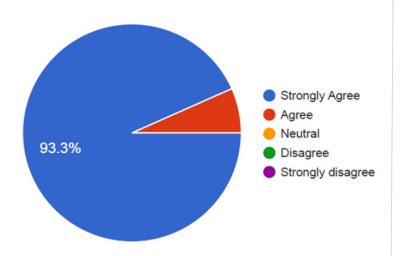
- I'm also interested in learning more about physical therapy services provided outside the hospital setting.
- Maybe giving us some more time to observe the outpatient rehabilitation
- It would be great to have a dedicated Day 1 focused on understanding the rehabilitation and healthcare/insurance/educational systems in each country as a warm-up. Many thanks for all the effort you put into making this happen!
- hope there will be more in-person programs rather than ones conducted via Zoom. If remote sessions are necessary, reducing the interval between meetings could help improve participants' engagement and focus
- This program is so impressive and good that I have no suggestions.

Did you feel that the clinical visit contributed to your professional development?

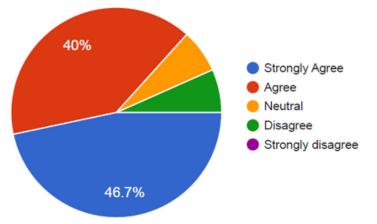


[Intent for Behavioral Change]

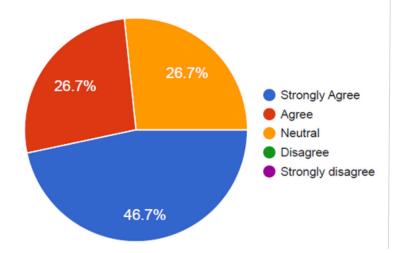
I intend to participate in future international training or projects related to physical therapy.



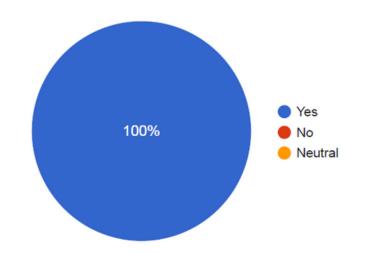
Based on this experience, I plan to initiate new activities (Any activities are included, e.g., study groups, experience-sharing, or information dissemination) in my country.



I formulated a concrete action plan to address issues in physical therapy in my country.



■ Would you like to participate in future multinational exchange programs?



Please describe specifically what kind of international exchange programs you would like to participate in in the future. Feel free to share any suggestions or ideas you may have.

- If possible, I would like to have the opportunity to interact not only with physical therapists from East Asian countries but also from other regions. Through this program, I have learned that the situations in East Asian countries are quite similar. Therefore, I hope to connect with physical therapists from other regions, such as Southeast Asia to gain a broader perspective.
- The different clinical techniques that we usually use in our countries. How the system transfer cases to PTs. How to buildup a system that can provide more opportunities and maintain the quality of service.
- I think it would be beneficial to have a program that supports international collaborative research.
- clinical visits or even short-term internship/training in more various fields, for example private practice clinic, sports center, home-based PT, community-based PT etc.
- Education, Research, Advocacy
- I was surprised to find that each person's area of expertise was more diverse than I had expected. I would be very interested in actively participating in future opportunities to share clinical systems and academic perspectives across different countries and hospitals.
- I would like to participate in international physical therapy workshops and seminars where I can share future-oriented treatment techniques. For example, it would be learning the techniques of home-based physical therapy, which is now starting in Korea, from physical therapists who practice home visits in Japan.
- Clinical experience exchange in person Continue education
- Visit the hospital
- I hope the visit what therapist to do in different places (ex: ICU, bedside, PT room)
- As was discussed during the WPC, differences in insurance systems and average length of hospital stay in each country will have a major impact on the content of the discussion. Therefore, I think we need the opportunity of discussing about difference in insurance system or average length of stay.

If you have any other comments about this exchange program, please describe them.

- I sincerely appreciate the management staff and the JPTA for providing me with this valuable opportunity. I also hope to stay in touch with all the members and participants of this project, and to explore new opportunities for future collaboration.
- It's excellent.
- I'm truly grateful for all the effort what went into preparing this wonderful program
- Thank you so much for giving me the opportunity through the international exchange program to not only observe the physical therapy situation in my own country but also to share opinions and insights about physical therapy with other countries. I hope that in the future, we can continue to exchange ideas with more countries and spend time together finding better solutions for the future of physical therapy.
- Thank you for all staffs. It's a pleasure exchange program. I felt great and welcome during the day.
- I wanted more opportunities to interact with members of other groups.

Summary

What participants appreciated

- Gained a broader international perspective
- Connected with professionals from various specialties
- Grateful for the opportunities to interact

What could be improved

- Not enough time to observe clinical visits
- Didn't get to see specific treatment situations
- Interaction was limited to within groups

Suggestions for improvement

- More clinical visit time: Participants want to see PTs in action in real clinical settings
- System overview at the beginning: An explanation of each country's healthcare, insurance, and education systems on the first day would be helpful
- More in-person programs: In-person sessions are preferred over online. If using Zoom, shorter gaps between sessions are recommended